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Iowa State Daily (Month DD, YEAR)

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A ROYAL BALANCING ACT



Jacqueline Ehrlich, the 2017 Iowa State Fair Queen and sophomore in agricultural biochemistry, poses outside Kildee Hall on Aug 22.

HANNAH OLSON/ IOWA STATE DAILY

BY JILL OBRIEN
[@iowastatedaily.com](#)

Walking among the fair food and 4-H projects, Jacqueline Ehrlich described the last day of the Iowa State Fair as “pretty crazy.”

“By the time you finally realize what has happened to you, it’s almost over,” Ehrlich said of the last day of fair week and the start of her time as the Iowa State Fair Queen.

The Iowa State sophomore has been involved in fairs her whole life, participating in Dairy Quiz Bowl and Dairy Judging at the Dubuque County Fair, a lifelong 4-H member and native of Holy Cross, IA. She was crowned Dubuque County Fair Queen two years ago after someone at that fair suggested she enter the pageant.

“I remember one time I was working in one of the booths and somebody said ‘You should consider running for fair queen, I think you would do a really good job. I like the way you interact with the public.’”

When she was crowned at the county level, Ehrlich was automatically able to compete for the state fair crown along with 102 other girls.

“It has always been part of my life. I really enjoy being part of the fair and to be able to talk to people about something that I love so much, and that

has been a huge part of my summer forever. It was really important to me to be able to share that love,” Ehrlich said.

While the pageant judges on poise, appearance and awareness, Ehrlich said that being well-rounded and positively representing the fair are also key components to being Fair Queen. She also said that being older was an advantage when involved in the pageant.

“I’m 19. The ages go from 16 to 21. I think that it was in my advantage to have finished my first year of college already because I’ve had so many experiences and been blessed with a lot of things at this point,” Ehrlich said.

Now that she is queen, she will be traveling to county fairs and Association of Iowa fair conferences through the fall and all of next summer. An agricultural biochemistry major, Ehrlich plans to stay involved in clubs at Iowa State as well as balance her duties as the State Fair Queen.

“[On the first day of school] There were a lot of times I just sat there and shook my head because I have a lot to do and a lot to get organized...but I’m gonna go buy a really big planner and keep myself organized,” Ehrlich said, who also participates in

Biochemistry, Biophysics and Molecular Biology (BBMB) Club, intramural sports and volunteers with LifeServe Blood Center. She hopes to one day hold a doctorate and do metabolic research for a company or the FDA. Even with her responsibilities as queen, Ehrlich plans to stay involved in her extra-curriculars. “It’ll be busier, but I’m excited about it.”

For Ehrlich, being Fair Queen is bigger than wearing a crown and traveling around the state.

“It’s a lot of internal deciphering of what to do with it. I just started volunteering with LifeServe,” Ehrlich said. “I’m really passionate about plasma and platelet donation and drives because what’s not used for treatment is used for research, and if you can cure diseases with this research, that’s really, really important to me.”

Ehrlich will crown the 2018 State Fair Queen three days into the next State Fair, but she plans to stay busy and do good with the title she has earned.

Her advice to the next girl to receive the crown? “If you’re considering running, find something that you’re passionate about and be passionate about it,” Ehrlich said. “This is the opportunity of a lifetime and you have to make the most of it, because you can do so much with this kind of a title.”



HANNAH OLSON/ IOWA STATE DAILY

Students tailgate in the lot of the Haunted Forest on Saturday morning in preparation for the Cyclones vs. San Jose Spartans football game.

Police crack down on 8:01

BY ISD STAFF

The Iowa State and Ames police departments upped their day shift officers this year in preparation of the Saturday before the start of the fall semester, unofficially recognized as “8:01.”

The Ames PD had their first complaint of loud noise at 6:32 a.m. The next was just an hour later.

Over the past five years, the number of arrests have decreased on 8:01, and the calls for service have increased. Calls for service could mean warnings issued, outreach or number of SafeRide calls.

On Aug. 18, 2012, which was that year’s Saturday before classes, ISU PD had 63 calls for service and issued 12 reports. Of those 12 reports, nine were alcohol related. Nine people were arrested, a number that jumped to 25 on Aug. 24, 2013, the Saturday before classes of that year, and down to four on Aug. 19, 2017 - the most recent 8:01 day.

The number of alcohol-related reports on the Saturday before classes has also jumped around over the years as well, going from 18 in 2013 to 10 in 2014, 6 in 2015 and back to 10 in 2016.

ISU PD was unable to confirm the number of alcohol-related reports this past Saturday, as not all of the 16 reports filed have been through the approval process.

For 8:01 this year, ISU PD alone responded to 115 calls for service - a number that has almost doubled from 2016 where ISU PD responded to 60 calls. In 2013, ISU PD responded to 111 calls for service on 8:01.

The Ames PD made their first arrest at 10:50 a.m. after finding a man passed out in a yard. From 6 a.m. Saturday to 6 a.m. Sunday, the Ames PD made 10 arrests attributed to 8:01 day, compared to four made last year.

One man who locked himself in someone else’s apartment thinking he lived there was later arrested for public intoxication.

Commander Geoff Huff of the Ames PD said the officers think the tradition is “kind of embarrassing.”

“I don’t think that’s the kind of culture we want here,” Huff said, “and I don’t think that’s how we want to represent ourselves.”

Huff said the Ames police try to avoid arresting people as much as they can. If they can find someone responsible to get an intoxicated individual home safe without being destructive, they will let them go.

“If we’re arresting people, there’s really nothing else we can do with them,” Huff said. “They are just too drunk to be out.”

“You can be drunk. You can be stupid, but you can’t be both.”

Collegiate Panhellenic changes ban, no longer 8:01

8:01 was an unofficial celebration the Saturday after sorority formal recruitment when the alcohol ban was lifted off of sorority members at 8 a.m.

“We don’t really like to refer to it as 8:01 since that is no longer a ban so we refer

to it as the Saturday before school starts, because it really has no significance to our recruitment week anymore,” said Kara Rex, senior in agriculture and society and president of Collegiate Panhellenic Council.

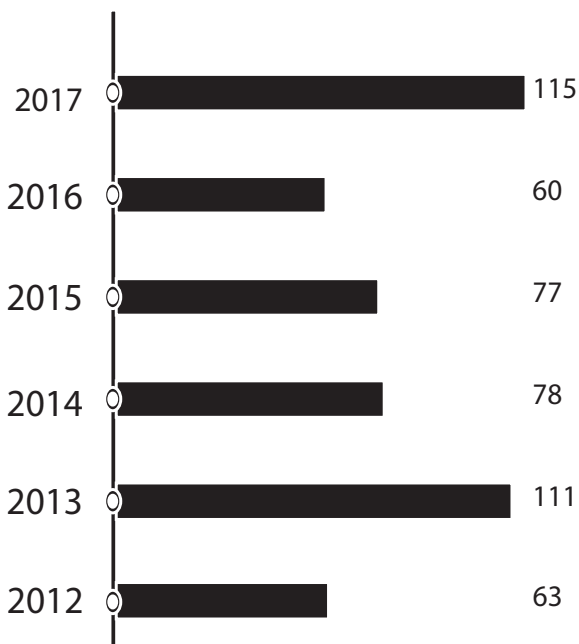
During the fall of 2016, Collegiate Panhellenic voted to lift the time restriction from the ban. By national sorority regulations, sororities are still not allowed to drink during specific recruitment events.

“Our decision to lift the alcohol ban [time] was to shift the accountability to each chapter individually rather than being governed by or regulated by our entire council,” Rex said.

This allowed each chapter to decide if they wanted their ban to only last during events of the individual days or during the entire week. If the alcohol ban was the entire week, the chapter decided when the ban would be lifted at the end of recruitment activities.

“We felt like it had a positive impact on our community this year as some chapters didn’t have a ban while others lifted it after a sisterhood activity,” Rex said. “It was nice for chapters to see what fit them instead of a one size fits all rule for our entire community.”

CALLS FOR ISU POLICE



ALCOHOL

Jake's story

BY JESSICA BENNETT
@iowastatedaily.com

Editor's note: Alcohol has an effect on many college campuses — Iowa State is not immune. Before students even step foot on Iowa State's campus, they take AlcoholEdu, meant to help educate them about safe drinking habits. During students' time at school, underage or not, alcohol may very likely be a part of their experience.

'Wasted Away: The culture of alcohol at Iowa State', which is a collaborative project between the Greenlee School of Journalism depth reporting class and the Iowa State Daily, explores what that experience looks like — good, bad or otherwise — and analyzes how it can affect other aspects of their lives.

Jake* walks alone through Iowa State's dark campus, heading south toward Welch Avenue. From his apartment a few blocks north of campus, it's quite the walk. He would drive, but he hasn't had a valid license since his OWI last summer.

So he walks.

The fluorescent lights of the Kum & Go store welcome him inside like a familiar friend.

As he's done every other night this week, he grabs a six-pack of beer, pays the cashier and starts the trek back home.

He has to finish them tonight. Leaving alcohol sitting around would pose a temptation the next morning.

Maybe I won't drink tomorrow, but if I have a bottle sitting here, I probably will.

Swallowing the last drops of liquid, he goes to bed, hoping maybe tomorrow will be different.

At 24 years old, Jake is an alcoholic.

His relationship with alcohol started off harmless enough. As a freshman at Iowa State, he was highly critical of students who drank during the week, frequently passing judgments about their alcoholic-like behavior.

The problem really started after he turned 21.

Finally of legal drinking age, Jake started going out to the bars most weekends with a group of friends. Busy finishing homework or at work, Jake would normally meet up with his friends a bit later, after they had already been drinking for some time and he had to catch up.

Whenever he drank, his intent was always to get drunk.

The end of the 2013-2014 school year marked the beginning of the real issues. As his friends graduated and started their careers, they spread out across the country, leaving Jake behind in Ames.

Depression made it all worse. He had unknowingly struggled with depression periodically since high school, and with his support system gone, it hit him again—hard.

Alcohol offered a respite from the loneliness. Drinking made him feel better, at least for a little while. It was better than dealing with all the thoughts and emotions that normally filled his mind. Anything was better than that.

One Friday night in summer 2014, he was drinking at a friend's bonfire and, after the party ended, decided to drive to Campustown to get some food from one of the street vendors. The night culminated in an OWI and having his license revoked. He told himself he simply made a stupid, drunken mistake that night. Nothing more serious than that.

When classes began again in the fall, his drinking habits escalated. He began making alcohol runs to Kum & Go more and more frequently until it became his nightly routine.

The only thing that changed was the amount of alcohol, which swelled to 10 drinks a night as his tolerance increased.

At this point, he knew he had a problem.

He knew it, but he had no idea what to do about it. The addiction simply sat on his mind. Eventually, a friend stepped in to try to help.

"Hey, why don't I take you to an AA meeting?"



COURTESY OF ISTOCK

Jake agreed and began attending Alcoholics Anonymous meetings. Listening to other people's stories about treatment and sobriety helped give him hope, but it wasn't enough to make him stop drinking. Still trapped within alcoholism's grasp, he fought to break free while struggling to keep up with classes and work.

Finally, halfway through the fall 2015 semester, it all became too much. He called home to his parents.

"I need help," he told them. "I've been trying to do this on my own and I need help."

On October 22, he withdrew from Iowa State and returned home, where he underwent outpatient treatment for his alcoholism. During 3-hour sessions every Monday, Wednesday and Friday, he met with a rotating set of doctors to discuss how addiction works, how to deal with situations that trigger alcoholic behavior and how to practice basic meditation.

For a while, it really helped. Sobriety felt good—so good that when the doctors offered him anti-depressant medication, Jake refused, thinking the depression would clear up once alcohol was no longer constantly clouding his mind.

He was wrong.

Jake had come back to Iowa State for the spring 2016 semester, and he brought his depression with him. Even though he was sober, he frequently missed class simply because it was too difficult to pull himself out of bed in the morning.

I'm not drinking this hour and when the clock struck the hour, he concentrated his effort on enduring another 60 minutes without surrendering to the addiction.

Then one night shortly after spring break, he relapsed. After four months of sobriety, he desperately craved a glass of wine with dinner. That one glass turned into the whole bottle, and within two weeks, he had reverted back to drinking every night.

A second OWI offense later that semester mandated another round of treatment, which he completed again at home, taking the fall 2016 semester off from school. This time, the information he learned during treatment really began to sink in.

Jake cut alcohol out of his life, started attending AA meetings regularly and began focusing on his sobriety.

He slipped up once, a brief lapse in self-control one night last November. He's been sober since then, taking mental health medication, practicing meditation and meeting with his AA group. Having a set of people around his age who understand what he's going through has been instrumental in helping him stay sober.

He's sober now, but alcoholism still casts a shadow over his life. Back at Iowa State, he now has to compensate for a transcript peppered with F's. At 24, most of his peers graduated and moved on. He also has to cope with the knowledge that he can't handle a substance many people casually consume on a regular basis.

And yet, Jake considers himself lucky. He didn't lose his family or destroy his career—he has plenty of time to steer his life in a more positive direction.

It's not going to be easy, but he's going to try.

*Name has been changed to protect source's anonymity

EXTRA CONTENT ONLINE



EMILY BLOBAUM/ IOWA STATE DAILY
Protesters walk east down Main Street during the “Ames Stands Together Opposing White Nationalism” event Sunday, Aug. 13.

BY MEGAN.SALO
@iowastatedaily.com

When Frank Reynolds, an anchor for ABC, spoke in 1979 of Monday’s solar eclipse he said, “May the shadow of the moon fall on a world at peace.”

This was an optimistic hope, but amongst other issues in the world today, such as the threat of a nuclear war with North Korea, the continuing war in Afghanistan and the events in Charlottesville, Virginia, remind us that we are far from peace.

A “Unite the Right” white nationalist rally formed earlier this month to oppose the removal of a statue of Robert E. Lee, a general for the Confederate Army who strongly supported slavery.

Those who oppose the removal argued that removing the statue would remove a part of history.

Those who are advocating for the removal of the statue argued that Lee had no connection to Charlottesville and therefore the statue was just serving as

a sign of support for the Confederacy and indirectly, racism.

“This is not history that needs to be symbolized so brazenly – especially not in a country where its presence causes discomfort and serves as a horrible reminder for many,” Iowa State Black Student Alliance Vice President Krish-aun Burns said of the statues. “You don’t see Germany erecting a statue of Hitler. So why in the world should we have statues of people who caused such harm and pain in America?”

Although the statue is a source of discomfort for many in Charlottesville, white nationalists groups the Ku Klux Klan and neo-Nazis were ready to fight to keep their statue, and that’s exactly what they did. The rally turned violent, leaving 19 people injured and one woman dead.

President Trump spoke out about the event, deciding to not take sides.

“I think there is blame on both sides,” President Trump said. “You had a group on one side that was bad. You had a group on the other side that was

also very violent. Nobody wants to say that. I’ll say it right now.”

Neutrality, especially from our country’s leader, is the opposite of what is needed in a situation like this.

“When you are neutral in situations of injustice, you are on the side of the oppressor. Period,” Burns said.

It is important for everyone to choose a side and to make their side known. Will you side with the KKK and Nazis, groups who have historically tortured and killed other groups of people based on things they can’t control? Or people who are trying to move past America’s racist past?

I’m siding with those trying to move America forward instead of slipping back into the past.

As far as those who are on the opposite side, Burns asks you to “realize who you’re siding with. Be educated. Because the biggest trend in these groups is ignorance; ignorance was what started these racist groups, and ignorance is what continues to fuel it.”

COLUMN

Choose a side

EDITORIAL

Racism has no place at Iowa State

It has been 123 years since George Washington Carver, the first African American student to graduate from Iowa State, earned his bachelor degree.

Since then, students of Iowa State have experienced great strides in diversity, but they’ve also faced setbacks in form of anything from racist comments or actual threats from other students, faculty or the community as a whole.

Iowa State is a predominately white campus – of the estimated 36,000 students, only 12 percent of students identify as people of color. Although 12 percent may seem like a small portion in the larger picture, that’s still 4,300 individual persons of color.

That’s 4,300 people that are directly affected by racism on our campus alone and many times may be treated unfairly

just because of the color of their skin. Those forms of racism can be large, such as white nationalism on campus, or micro-aggressions, such as someone assuming an Asian student is good at math.

Last year, the Anti Defamation League reported 153 racist incidents on 108 campuses across 34 states. One of these incidents was from Iowa State after white heritage posters were found around campus.

As for the 31,700 white students on campus, it’s time to step up to end racism on campus and make this a safe place for all races and ethnicities.

If you don’t understand why someone might not feel safe, try to understand that one instance of racism is not isolated. People of color face racism on our campus every day. You may not have personally lived through an experience

where you were belittled because of your race, but as a human being, it should bother you that others have.

It’s not enough for us to not say racial slurs, not make racial jokes or not discriminate against another race in any way. Being silent about racism is only allowing racism to remain an issue.

It’s also important to educate yourself on racial issues. You can do this by simply watching or reading the news. Or, if you’re on campus, you can attend a multicultural group meeting, such as the Black Student Alliance.

It is not the job of people of color to educate the campus about racism. It’s on all of us to take it upon ourselves to take the time to find out what we don’t know and to fix our behavior.

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Send your letters to letters@iowastatedaily.com. Letters must include the name(s), phone number(s), majors and/or group affiliation(s) and year in school of the author(s). Phone numbers and addresses will not be published.

Online feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily.

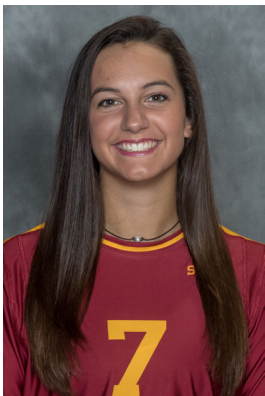
VOLLEYBALL

Volleyball freshmen rank high

BY TREVOR HOLBROOK
@iowastatedaily.com



» AVERY RHODES
Height: 6-foot-2
Hometown: Waco, Texas
Position: Middle Blocker



» IZZY ENNA
Height: 5-foot-8
Hometown: Kansas City, Missouri
Position: Defensive Specialist/Libero



» PIPER MAUCK
Height: 6-foot-1
Hometown: Des Moines, Iowa
Position: Setter



» MEEGAN HART
Height: 6-foot-2
Hometown: St. Charles, Illinois
Position: Middle Blocker

For 13 years as the Iowa State volleyball head coach, Christy Johnson-Lynch has replenished the Cyclones roster.

This has led Iowa State to 11 straight NCAA Tournaments and a highly ranked freshman class year in and year out.

This season is no different. Iowa State’s freshman class was ranked 17th in the nation, according to PrepVolleyball.com.

“[The freshmen are] really coming along,” Johnson-Lynch said after the Cardinal and Gold Scrimmage last Saturday. “You’ll see flashes of some really nice things and you could see that tonight.”

Mauck had the luxury of integrating herself with the team in the spring as a setter after

graduating high school early.

The other three received their first taste of collegiate competition in an exhibition against Drake on Aug. 12.

Hart played in one set against Drake, contributing two kills on a .500 hitting percentage. At the Cardinal and Gold Scrimmage, Hart had three kills and six blocks.

Against Drake, Rhodes only played in one set, too. In that set, the Waco, Texas, native added two kills and a dig. Rhodes finished the Cardinal and Gold Scrimmage with seven kills.

“Both Meegan [Hart] and Avery [Rhodes] are learning, but yet you still see flashes of what they’re going to be,” Johnson-Lynch said.

Johnson-Lynch elected for Enna to play in

two sets against Drake. Enna had one assist and one dig. In the Cardinal and Gold Scrimmage, Enna had 13 digs.

“Izzy [Enna] was pretty solid,” Johnson-Lynch said. “She passed for really nice numbers.”

Mauck, the highest 2017 Iowa State recruit, was one of five Cyclones to play in all three sets against Drake. Against the Bulldogs, Mauck racked up 13 assists and six digs.

Mauck finished the Cardinal and Gold Scrimmage with 38 assists.

“I know [Piper Mauck is] improving, and she’ll get better and better,” Johnson-Lynch said. “[I saw] flashes of some really good things from her.”

Johnson-Lynch has talked about her uncer-

tainty of whether Iowa State will use the 6-2 rotation or the 5-1. The 6-2, a rotation utilizing two setters, could allow Mauck to see the floor more in her freshman season.

The freshmen are quality players individually, but they also have strong team values. The group of freshmen have jump-started their relationships, spending as much time as they can together.

That time spent together off the court could benefit the Cyclones and translate to success on the court.

“We all live together in the same dorm so we’re together pretty much all the time,” Mauck said. “It’s really fun and we’re all [playing] in different positions, so it’s a good experience for all of us.”

PHOTOS COURTESY OF IOWA STATE ATHLETICS

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EXTENSION

Rising stars

Interns explore land grant mission



Student interns teach as part of the Know!Grow!Whoa! Program (left). (L-R) Breanna Burnett-Larkins, Thomata Doe and Kaitlyn Brake stand at a booth (right).

BY MAGGIE.CURRY
@iowastatedaily.com

Most students don’t have the opportunity to be involved with all three parts of the land-grant mission. A select group, chosen each year to partner with Iowa State Extension Services, is the exception.

These students, termed the “rising star” interns, spend the summer bringing their skills and learning from the university to the state of Iowa.

“Rising Stars is an appropriate name for this internship, we’re like little celebrities,” intern Breanna Burnett-Larkins, senior in design said. “The rudest person I’ve met here is the teenager who gave me Starbucks in Burlington. Everyone else here has gone out of their way to be so friendly and nice.”

Now in it’s fourth year, the Rising Stars intern program expanded this summer to include students in the College of Agriculture, the College of Human Sciences and College of Design.

Cheryl Heronemus, director for Region 1, said extension service was “bringing the university out to the people.” That fits right into the land-grant mission to provide services and education to all the people in the state, even those that do not go to school there.

“They all benefit from the research and education on campus,” Heronemus said.

The interns not only learn that themselves but share it with the communities.

“I thought 4-H is all Extension was. I didn’t realize how much research they do,” intern Kaitlin Brake, senior in graphic design and advertising, said. “Farmers can bring in a weed and be like “what is this?”

“Or a bug,” Burnett-Larkins added.

Brake and Burnett-Larkins were based in Mount Pleasant with fellow intern Thomata Doe, senior in nutritional science, and served four counties: Des Moines, Lee, Louisa and Henry.

“I think when we came into it, we really didn’t know what we’d be doing,” Burnett-Larkins said. “It wasn’t like anything I thought, but it’s much better.”

This was the first year the program included five regions in Iowa, each serving multiple counties.

What makes the internship unique is the latitude students have to help their communities and clients, Heronemus said.

“Each area or community has different needs, and you have to go into the situation and assess what the community needs,” Doe said.

Each intern had a personal project and the regions focused on different things, from local foods in Region 20, to youth education in Region 1, to economic development in Region 3.

“We worked with smaller communities that don’t have a lot of resources to it,” intern Josephina Matteson, senior in community and regional planning, said. “I got to work with professionals in the field, I wrote two plans that are very tangible.”

Doe, Brake and Burnett-Larkins said their community was welcoming to them, and would recognize them as the Rising Stars.

“I thought it was really cheesy, but when you walk around with your ISU polo on, people are like “oh!” Brake said. “They know who you are.”

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SCHEDULE 2017-2018

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FALL 2017

SPRING 2018

Sports	Entries Open	Entries Close	Sports	Entries Open	Entries Close
2-Pitch Softball (Open)	August 14	August 24	Bouldering Competition (M,W)	January 1	
Ultimate Frisbee (M,W,C)	August 14	August 24	Ice Hockey (Open,W) - \$70/team	January 1	January 11
Curling (Open) - \$15/team	August 14	August 24	Basketball – 5 Player (M,W)	January 1	January 11
Bag Toss (Open)	August 21	August 30	Wrestling (M,W)	January 8	January 11
Spikeball (Open,W)	August 21	August 30	Water Volleyball (C)	January 8	January 17
Flag Football (M,W)	August 21	August 31	Table Tennis Doubles (Open,W)	January 8	January 17
Disc Golf (M,W)	August 28	September 6	Team Bowling (Open)	January 22	January 17
Broomball (M,W) - \$45/team	August 30	September 13	Hearts Card Tournament (Open)	January 22	January 31
Badminton Singles (M,W)	September 4	September 13	Euchre Doubles (Open)	January 29	January 31
Sand Volleyball (Open)	September 4	September 13	Texas Hold'em (Open)	January 29	February 7
Pickleball Doubles (Open,W)	September 11	September 20	Free Throw Shoot (M,W)	February 5	February 7
9 Ball Pool Singles (Open)	September 18	September 27	Co-Ed Volleyball (C)	February 19	February 14
Volleyball – 6 Player (M,W)	September 18	September 27	Dodgeball (M,W)	February 19	February 28
Adventure Race (M,W,C)	September	October 4	Soccer – Outdoor (Open,W)	February 26	February 28
Racquetball Singles (M,W)	25	October 11	NCAA Basketball Pick'em (Open)	March 12	March 7
3 vs 3 Soccer (Open, W)	October 2	October 13	Co-Ed Broomball (C) - \$40/team	March 5	March 15
Table Tennis Singles (Open,W)	October 2	October 18	Tennis Doubles (Open,W)	March 26	March 21
8 Ball Pool Doubles (Open)	October 9	October 25	Racquetball Doubles (Open,W)	April 9	April 4
Battleship H2O (Open)	October 16	October 25	Best Shot Golf (Open) - \$20/per.	April 9	April 18
Badminton Doubles (Open,W)	October 16	November 1			
Bowling (M,W,C)	October 23	November 15			
Foosball Doubles (Open)	November 6	November 15			
3 Point Shoot (M,W)	November 6	November 29			
Football Bowl Pick'em (M,W)	November 13	December 15			

M - Men | W - Women | C - Co-Ed | Open - Any Gender Combination

INTRAMURAL WEATHER HOTLINE: 515-294-5002

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